

## WHY THE FOX WAY WORKS

FOX is made up of a team of personable, highly-qualified, full-time clinicians experienced with geriatric patients.

Our clinicians interact with patients' family members to introduce FOX and the services we provide. We always keep family members informed of their loved one's progress.

Each clinician works one-on-one with patients, gaining trust and forming a bond that enhances successful therapy.

FOX believes in proactive therapy. We do not wait for an illness or medical event to initiate treatment. Instead, FOX works with Chelsea Senior Living to proactively identify residents with potential safety risks who qualify for and would benefit from therapy services. The goal is to improve strength, stamina, and balance, while significantly reducing the risk for falls.

FOX is proud and privileged to provide the highest quality physical and occupational therapy and speech-language pathology services to the residents of Chelsea Senior Living. *If you feel you or someone you care about may need therapy services, please speak to the wellness nurse, your physician, or call a FOX Admissions Coordinator at 1.877.407.3422.*



**PHYSICAL, OCCUPATIONAL,  
& SPEECH THERAPY.**  
**FOX REHABILITATES LIVES.**

T 1.877.407.3422 | W foxrehab.org



908.889.4200  
chelseaseniorliving.com

FOX clinician Chris Chill, MPT shows resident Juliette, 93 years young, how to be stronger and live better longer.



**LIVING BETTER LONGER.**





## FOX REHABILITATES LIVES

**At FOX, we believe in our patients and their ability to achieve what they once thought impossible—optimal function to rehabilitate their lives.** FOX is a physical and occupational therapy and speech-language pathology private practice, specializing in house calls for older adults. Our goal is to help the aging population live stronger, longer lives—enjoying their communities, families, and friends with as much comfort and independence as possible.

Because FOX services are covered under Medicare Part B, patients need not be classified as homebound to receive care in their home or senior living community apartment.

## UNLIKE ANYTHING ELSE OUT THERE

**Our approach is different.** We provide the correct dose in terms of level and length of care, as determined by the evidence shown in each unique individual. Any other approach is a recipe for failure. FOX works the body, encourages the spirit, and honors the person. Our tools are clinical expertise, passion, empathy, engagement, responsiveness, listening, and laughter. We believe for one to have lasting improved health, one must heal completely, in their own time.

Our clinicians are experienced in helping treat impairments relating to almost any ailment or diagnosis common in older adults, including: cardiac, neurologic, orthopedic, pulmonary, and oncologic. Additionally, we can help with general diagnoses of weakness, atrophy, difficulty walking, or other debilitations. The good news is, a large number of our older adult patients can significantly improve their current functional status with a short duration of care.

## HONORED TO BE A PARTNER IN CARING

FOX clinicians are trained and experienced in the treatment and care plans of patients with dementia, such as Alzheimer's, and other diseases involving cognitive impairment. **It is our mission to promote optimal function in all of our patients' lives.**



## RESTORING BALANCE.



**FOX Restoring Balance** is a true proactive, wellness-driven program, rather than a common illness-driven, reactive approach. Through communication with the nursing team on-site, residents may be identified as high fall risk by FOX using evidence-based functional outcome measures.

### PROGRAM PILLARS

Onsite Physical, Occupational, & Speech Therapy

Fall Risk Screens as Indicated

Outcomes Tracking & Analysis

### PRIMARY OUTCOMES

Decreased Falls

Decreased Hospital Admissions

Increased Length of Stay



## RESTORING LIFE.



**FOX Restoring Life** provides individuals with a unique stage-specific approach to dementia using prescribed interventions to increase the quality of daily interactions and manage the challenges that come with the diagnosis. We teach how to focus on what a person with dementia **can** do — not what they can't.

### COMMUNICATION

Resources, scenarios and strategies to help guide effective communication between caregivers and patients with dementia.

### BEHAVIOR

Understanding the underlying causes of behaviors and effective ways to cope and respond.

### ACTIVITIES

Prescribed functional interventions tied to the various stages of dementia to improve quality of life.